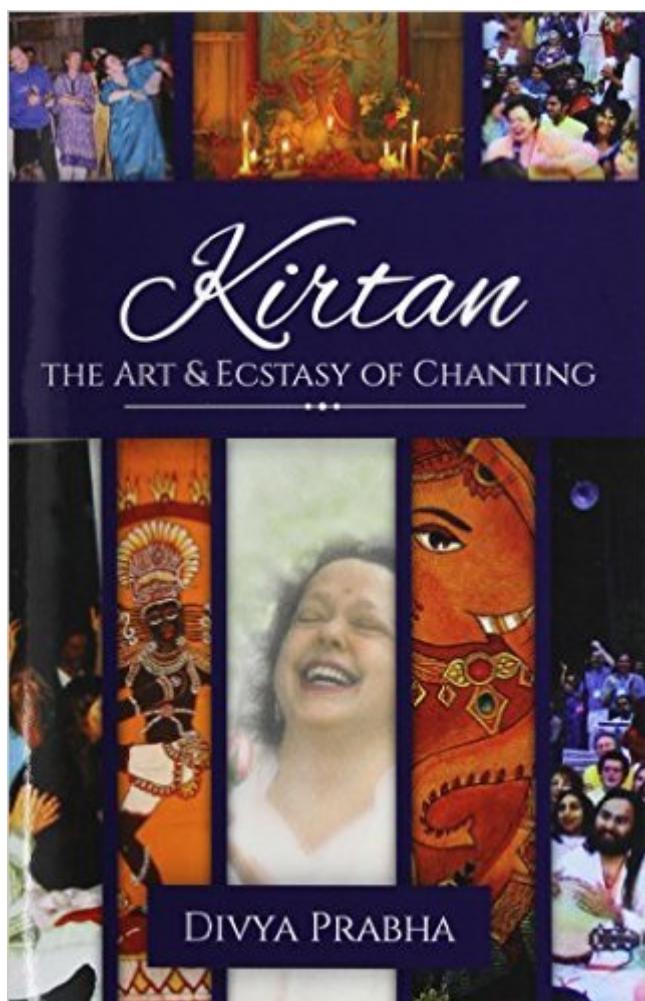


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# Kirtan: The Art & Ecstasy Of Chanting



## **Synopsis**

A Gold Award winner in the Nautilus Book Awards, "Kirtan: The Art and Ecstasy of Chanting" is the long-awaited book from acclaimed Western chant leader Divya Prabha. In this comprehensive guide to the how-to's of chanting, she generously shares her personal experience and a wealth of practical tips to help chanters derive full benefit from the beautiful and sacred practice of kirtan both as leaders and participants. The book also includes inspiration and encouragement for those who wish to create their own chants to the Divine. Divya also presents an introduction to the path of bhakti yoga, of which kirtan is a central practice, guiding readers through its ancient underpinnings and offering an insightful orientation to the various deities and energies invoked through chanting. This beautiful handbook will deepen and enrich the practice of kirtan for beginners and experienced chanters alike. Generously illustrated, with an extensive glossary of Sanskrit terms.

## **Book Information**

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## **Customer Reviews**

This is a remarkable book, and as far as I know there is nothing like it. This is a complete exploration of the art and practice of kirtan (call-and-response singing) based on the author's obviously extensive experience. It includes insights into the effects of chanting and the effects of sound (and Sanskrit in particular), helpful guidance in participating and leading, insights on composing your own chants, and an exploration of the deities, whose energies and grace are invoked in chanting. The author also shares some beautiful poetry and wisdom related to chanting and devotion from great saints and ancient works. It is also a personal book. We come to see that we have entered the world

of the authorâ™s individual path. And her own extraordinary experiences are some of the highlights. She even contributes nicely to the artwork that is liberally sprinkled throughout. I see books in various fields that claim to be for the beginner and experienced alike, but this is really one of them. Anyone who has been chanting or meditating for a long time will feel it is written for them. And those who have never or rarely chanted or meditated will feel the same way. It is a remarkable achievement in that way. (The glossary alone is worth the price of the book.) Not every reader will share every thought the author has about chanting or its role on the spiritual path. But all will come away enriched and with a greater understanding and appreciation for kirtan, and for bhakti/devotion in general. Highly Recommended.

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